

Living Well.

Live Well with
Low Vision.



Vision loss doesn't have to mean giving up the things you love. With the right tools and training, you can continue to live your best life. We'll show you tips and tricks for maintaining your independence and teach you how to maximize the vision you've still got.

Contact us to schedule a free low vision appointment.

What is Low Vision?

Low vision is a visual impairment that cannot be corrected by standard glasses, contact lenses, surgery, or medicine. Low vision interferes with a person's ability to perform everyday activities.

Who can use Low Vision Rehabilitation?

People who have difficulty with daily activities due to visual impairments, which are commonly caused by:

- Vision loss due to a stroke or traumatic brain injury
- Retinitis pigmentosa
- Diabetic retinopathy
- Macular degeneration
- Glaucoma

Here are some things you or your loved one may be having difficulty with:

- Reading mail, bills, and the labels on medicine bottles
- Recognizing the faces of family and friends
- Reading print in newspapers, magazines, or books
- Watching TV or using the computer
- Reading your own handwriting
- Signing your name on a line

If your vision is affecting your ability to perform day-to-day tasks, Braille Institute's Low Vision Rehabilitation Service can help you. Losing your vision doesn't have to mean losing your independence.

**We're here to guide you.
Literally and metaphorically.**

Our low vision specialists work with you to create a vision rehabilitation program that's tailored to you – a personalized plan of attack.

We have the resources and expertise to help you thrive, wherever you are on the low vision spectrum. And as your vision changes, we'll help you adjust.



Low Vision Consultation

Our low vision specialist will conduct a personalized one-on-one assessment with you. And it's free of charge! We will work with you to provide the following:

- A comprehensive evaluation of your individual abilities, challenges, and goals
- Assessment and training using the most current optical and non-optical aids to increase your independence in activities like reading, writing, and watching TV
- Lighting and glare filter assessments
- Education and training to maximize the use of your remaining vision
- Family/caregiver education and training
- Tips and techniques to increase your independence in everyday activities such as signing your name on a line
- Suggestions for other available Braille Institute resources such as hands-on technology training, our audiobook library service, and orientation and mobility training to help you travel safely
- Communication back to your physician or eye doctor

Help Us Help You

We're ready to get started – all you need to do is ask. Here are three simple steps:

Step 1

Have your eye care physician complete the doctor referral form and send it back to us. You can download the form from our website or we can email, fax, or send a copy to your doctor – whatever is easiest.

Step 2

Once we receive the form, we'll call you to schedule an appointment.

Step 3

Bring any glasses or magnifiers you're using today, some examples of things you like to read, and any of your hobbies.



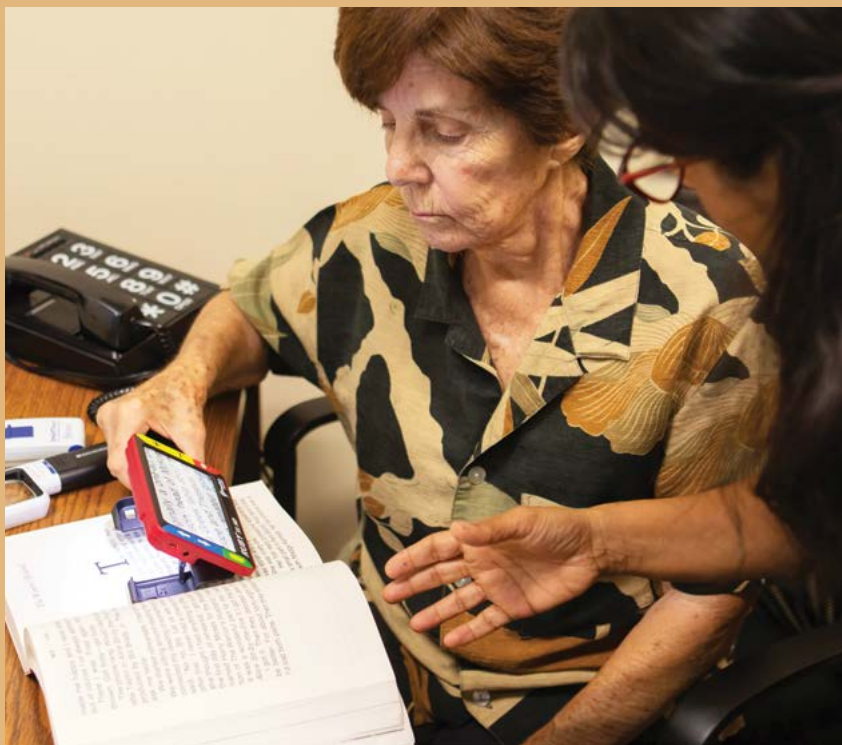
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My experience has been amazing.... It was such an encouragement to learn that I could be more independent and not have to rely on people for everything.”

Barbara M.

Low Vision Client

Macular Degeneration





Los Angeles

741 North Vermont Avenue
Los Angeles, CA 90029
323-663-1111

Anaheim

527 North Dale Avenue
Anaheim, CA 92801
714-821-5000

Laguna Hills

24411 Ridge Rte Drive #110
Laguna Hills, CA 92653
949-330-5062

Rancho Mirage

70-251 Ramon Road
Rancho Mirage, CA 92270
760-321-1111

Riverside

6974 Brockton Avenue #100
Riverside, CA 92506
951-787-8800

San Diego

4555 Executive Drive
San Diego, CA 92121
858-452-1111

Santa Barbara

2031 De La Vina Street
Santa Barbara, CA 93105
805-682-6222

Ventura County

Coming Soon

1-800-BRAILLE (272-4553)
BrailleInstitute.org